



FOOD LIST

(Individual sizes/pull-top cans)

- | | |
|--|------------------------------|
| Cereal (individual boxes) | Instant Oatmeal |
| Pop Tarts | Milk Boxes (UHT) |
| Breakfast & Granola Bars | Vienna Sausages |
| Jif-to-Go Peanut Butter | Beanee Weenees |
| Juice Boxes | Chili with Beans |
| Capri Sun | Chef Boyardee Bowls |
| Tuna Kits | Beef Stew |
| Premium Saltine Fresh Stacks | Chicken & Dumplings |
| Ritz Fresh Stacks | Peanut Butter Crackers |
| Mac & Cheese Bowls | Microwave Popcorn |
| Raisins (1.5 oz. boxes) | Micro. Mashed Potatoes |
| Applesauce Cups | Rice Cups |
| Pudding Cups | Vegetable Cups |
| Fruit Chews | (green beans, carrots, peas) |
| Hormel/Dinty Moore Compleats | |
| Soup (vegetable, chicken noodle, tomato) | |
| Fruit Cups (mandarin orange, peach, mixed) | |

NEWPORT-MT. OLIVET UNITED METHODIST CHURCH

P.O. Box 133/311 Blue Grass Trail
 Newport, VA 24128
 (540) 544-7183
 nmoumc@pemtel.net
 www.nmoumc.org



NEWPORT CARES BACKPACK PROGRAM



**I was hungry and you gave me food,
 I was thirsty and you gave me
 something to drink**

Matthew 25:35

THE NEED

In 2016 Bread for the World, a non-profit organization working to end hunger, reported that 49 million Americans are food insecure, 16 million of whom are children.



Closer to home, Feeding America Southwest Virginia recently released a report identifying 2,000 Giles County citizens as food insecure. Similarly, the 2016-17 National School Lunch Program Free and Reduced Price Eligibility Report shares that 209 students, out of a total of 447 students (over 46%), at Eastern Elementary/Middle School qualify for free or reduced price lunches.

To meet this challenge, Newport-Mt. Olivet United Methodist Church initiated the *Newport Cares Backpack Program* in February 2011 to provide food for students who may have little or no food at home. *Newport Cares* is designed to provide weekend meals for the neediest students who have been identified through the school's guidance department.

Studies continue to show that hungry children have lower test scores, diminished learning capacity, increased behavior problems and increased tardiness and absences.

THE STRATEGY

Backpacks are filled with enough food for six meals and delivered to school every Friday. Students take their backpacks home for the weekend and return them on Monday morning. This process is repeated each week during the school year.

Currently, *Newport Cares* provides backpacks to **over 30 students per week** and offers food boxes to these same students to assist them over the summer months when regular school meals are unavailable.

Over 100,000 individual food items have been distributed through Newport Cares since 2011!

HOW YOU CAN HELP

- Backpack preparation
- Pick up & delivery
- Monetary gift

Check payable to: NMO-UMC. Please indicate "Backpack Program" on the memo line.

- In-Kind donation of food items
- Sponsor a student (\$12/student/week)



We are grateful for the support of many generous individuals from the Newport community as well as these local partners:

First Christian Church-Newport
Sherry Memorial Christian Church
BB&T Bank
Newport Volunteer Fire Department
Clover Hollow Christmas Tree Farm
Loosely Woven Quilters
Moog Components Group
Poly-Scientific Employees Federal Credit Union
Newport Garden Club
Newport Ruritan Club
Newport Village Quilt Club
Spruce Ridge Tree Farm
Home Depot
National Bank
Hilltop Grocery
Giles Carpet Sales
Giles Auto Body & Glass
Tickle Oil & Propane
Celanese
The Pembroke Charity, Inc.
Pembroke First UMC (United Methodist Women)
Strong's, Inc.

Newport Cares has been the recipient of grants from the Virginia Conference of The United Methodist Church and the Community Foundation of the NRV.